

Post-Game Conversation Starters

Why It Matters

Post-game conversations can either lift your athlete up or weigh them down. The goal is to keep these moments positive, short, and focused on growth - not just performance.

10 Conversation Starters

1. What's one thing you enjoyed most about today's game?
2. What's something you're proud of yourself for?
3. What was the most challenging moment for you?
4. How did you help your team today?
5. What's something you learned from this game?
6. Did you try anything new out there?
7. How did you handle mistakes?
8. Who showed great teamwork today?
9. What's one thing you want to work on before the next game?
10. How did you have fun today?

Pro Tip

Keep your tone curious and supportive, not critical. Save deeper feedback for practice days, and let game day be about connection.